



God's
Planned
Reset
Devotional

by Dr. Doug Stringer & Dr. Jodie Chiricosta



This series of 10 simple devotionals is geared to help you reflect, repent, be cleansed, and celebrate God's goodness in keeping with the principles He set out for His people in the Old Testament Days of Awe, from Rosh Hashanah through Yom Kippur. They can be used in conjunction with these days each year, or at any time you want to reset your spiritual life!

The devotionals consist of scripture readings, questions to help you hear how the Lord is directing you to apply His Word in your life, and a model prayer.

We encourage you to write your thoughts, personal commitments, and prayers in a journal to help establish them in your heart.

*You can read more about how Jesus is the fulfillment of the Levitical sacrifices in Dr. Stringer's book, *Born To Die...that we may live*.



DAY 1: FORGIVENESS

Read:

Psalm 32
1 John 1

Questions to Ponder:

1. Have there been times, maybe even now, when you have felt separated from God because of unconfessed sin?
2. How did David's relationship with God change when he confessed his sin?
3. What happens when we confess our sins?
4. Are there sins you need to confess and for which you need to repent? If so, today is the day to be reconciled to God!

A Prayer:

Heavenly Father, You are light and life and truth. I praise your Holy Name. Father, I come to you today to confess my sins, forgive me for... (be specific with God about your sin). Cleanse me Father of this unrighteousness so I can walk in fellowship with you and with my brothers and sisters in Christ. Surround me with your songs of deliverance Father so I no longer hear the deceiver that would try to tempt me into sin again. I trust in You. Thank you for your forgiveness and mercy. I rejoice in Your goodness! In Jesus' Name I pray, Amen!



DAY 2: RELEASE FROM SNARES

Read:

Psalm 25:1-15

Read Colossians 2: 6-15

Questions to Ponder:

1. If you are familiar with the story of King David's life from the Bible, consider what "snares" God rescued him from throughout his life (see *Psalm 25:15*).
2. Paul, the writer of Colossians, warns us to beware of hollow and deceptive philosophy, which can take many forms. Ask the Holy Spirit to reveal to you any wrong thinking you have based on ungodly philosophies so you can repent and have your mind renewed.
3. Paul declares good news to those who have trusted in Christ for salvation, God has canceled any spiritual debt we owed due to sin and has disarmed the powers and authorities that would try to harass us. Ask the Holy Spirit to reveal to you any spiritual debt harassing you so you can live in triumph according to God's Word!

A Prayer:

Gracious Father, I put my trust in You. Like the Psalmist, I ask You to show me your ways and teach me your paths, guide me in Your truth, and teach me, for you are God my Savior and my hope is in You. Forgive me for relying on human wisdom and philosophy, when all the answers for life and godliness are found in You. Renew my mind and teach me. Thank you for sending Jesus to pay my debt on the cross and disarm the powers and authorities that would try to enslave me. Teach me to live a triumphant life in You! In Jesus' Name I pray, Amen.



DAY 3: FREEDOM

Read:

Psalm 119: 40-50

Romans 8: 1-17

Questions to Ponder:

1. What does the Psalmist credit for his freedom?
2. Paul, the author of Romans, explains our freedom from the law of sin and death through Jesus' death and resurrection. How should that freedom impact the way you live?
3. Are there areas in your life where you are still carnally minded?
4. Instead of being in bondage to fear, we have been adopted into the family of God! Ask the Holy Spirit to give you new revelation today regarding your inheritance as a child of God.

A Prayer:

All wise and knowing Father, Your statutes and commands are all together good. While others may think Your ways are strict and burdensome, I know that your precepts give me freedom. Make them my delight. I thank you for freeing me from the law of sin and death, from the spirit of bondage and fear. Forgive me, Father, for allowing my carnal mind to control me (be specific in the area/s of conviction). Renew my mind now so I can walk in the Spirit in every area of my life. I thank You for adopting me as Your son/daughter! And I ask, Holy Spirit, that You reveal to me my full inheritance as a child of God! In Jesus' Name I pray, Amen.



DAY 4: SURRENDER

Read:

Genesis 22: 1-18

Luke 22: 39-54

Questions to Ponder:

1. What was God's purpose in asking Abraham to sacrifice his son?
2. What did God promise Abraham for his obedience?
3. Jesus knew he faced torture and death; what was His attitude?
4. Is there an area in your life that you have not fully surrendered to God in obedience? If so, are you willing to do so now?

A Prayer:

Mighty God, You are King of Kings and Lord of Lords; and also my loving heavenly Father. You are worthy of all praise, glory, honor, and obedience. Forgive me for holding back (be specific about what you have held back); I submit to your will now. Holy Spirit, work in me to both will and do the Father's will in this and every area of my life. Not my will, but Thine be done, Lord. I put my trust and hope in You. In Jesus' Name I pray, Amen.



DAY 5: FELLOWSHIP WITH GOD

Read:

Genesis 3
Hebrews 12: 1-10

Questions to Ponder:

1. How did the disobedience of Adam and Eve affect their relationship with God?
2. How did the obedience of Jesus affect His access to and relationship with the Father?
3. The writer of Hebrews explains how the chastening of God in our lives allows us to be partakers in His holiness. Being a partaker presupposed intimate fellowship. Have there been times in your life when you have experienced this? Are you experiencing it now?

A Prayer:

Gracious Father, Your ways are good and just and loving. I thank you that I am Your child and that, as a loving Father, You bring correction into my life so that I can be a partaker of Your holiness. Today, Lord, I confess my sins to you (be specific in confessing where the Holy Spirit has brought conviction) and ask for your forgiveness, cleansing, and empowerment to resist the devil, flee temptation, and endure trials for Your glory. Work in me to be an obedient son/daughter so I can have unhindered fellowship with You. In Jesus' Name I pray, Amen.



DAY 6: THE PERFECT SACRIFICE

Read:

Leviticus 4

Hebrews 9: 11-28

Questions to Ponder:

1. In the Old Testament, how did the Israelites repent and receive cleansing for sin? How often was this required?
2. Today, how are we cleansed from sin and how do we obtain salvation?
3. Consider the sacrifice Christ made for us and spend time in personal thanksgiving and praise!

A Prayer:

Righteous Father, You are just in all Your ways. Your justice rightly demands punishment for sin. Yet, in Your mercy, You provided the perfect sacrifice, Jesus, to take away my sins and offer me salvation. And not only mine, but all those who accept His great sacrifice for their sins as well. I stand in awe of Your great love and how freely my sins are forgiven when I humble myself and repent before You. I freely accept Your forgiveness and love. Help me share it just as freely with others. In Jesus' Name I pray, Amen.



DAY 7: A HEART OF WISDOM

Read:

Psalm 90: 1-12

Ephesians 5: 1-16

Questions to Ponder:

1. Psalm 90 reminds us our time on earth is short, therefore we must pursue wisdom and not waste time. What concrete way can you apply this to your life?

2. In Ephesians 6: 15-17, Paul admonished us to do three things. What are they and how are you living out those principles?

A Prayer:

Eternal Father, I am reminded today how fleeting my time on earth is in light of eternity. Forgive me for wasting time, energy, and resources on things that bear no fruit for Your Kingdom. Like Moses, I pray that you would teach me to number my days that I would gain a heart of wisdom. Holy Spirit, guide me as I walk wisely and give me understanding of Your will every day and in every situation. In Jesus' Name I pray, Amen.



DAY 8: LOVE

Read:

Micah 6: 6-8

1 John 4: 7-21

Questions to Ponder:

1. The Lord's requirement for His people has never changed. How does Micah explain His requirements?
2. How does John explain God's requirements?
3. Ask the Holy Spirit to show you areas or relationships in your life that are not founded on God's love. Are you willing to submit your fear to God's love so these areas and relationships can be transformed?

A Prayer:

Heavenly Father, thank You for loving me before I even knew You. In Your justice and mercy, thank You for drawing me to You through Your Son, Jesus. Lord I confess that I have not acted in love (be specific about what the Holy Spirit has shown you); forgive me and fill me with Your love for _____. Holy Spirit show me how do justly and show mercy as I walk humbly with You, God. Show me how to be a tangible expression of Your love to my brothers and sisters in Christ and to the world, so all may experience Your love. In Jesus' Name I pray, Amen.



DAY 9: A NEW BEGINNING

Read:

Jeremiah 31: 31-34

2 Corinthians 5: 14-17

Questions to Ponder:

1. What is the new covenant the Lord speaks of in Jeremiah? How does that new covenant change someone's relationship with God?
2. How do Christ's death and resurrection impact our lives?
3. Ask the Holy Spirit to reveal to you any old mindsets or ways that are still influencing you. Are you ready to repent of those and walk as God's new creation?

A Prayer:

Father and Creator, I worship You alone. You are eternal, infinite, and beyond comprehension—and yet You love us so much that You want us to know You and have fellowship with You! You have made a way for me to enter into the new covenant with You so I can know You myself. Because of the work of Jesus Christ, I am a new creation! Forgive me for holding on to old ways and mindsets (be specific with what the Holy Spirit revealed to you). I cast those down and step into the new way, the new life You have for me. Thank You that in every area of my life, I am a new creation! Thank you that all things have become new! Guide me now in this new and living way You have planned! In Jesus' Name I pray, Amen.



DAY 10: WHITE AS SNOW

Read:

Isaiah 1:16-19

1 John 1: 5-9

Revelation 19: 5-9

Questions to Ponder:

1. What is God's promise in this passage of Jeremiah?
2. When you consider God's faithfulness and justness, what is your response?
3. The passage from Revelation gives us a glimpse of the celebration awaiting us, who are cleansed by God. What a day that will be!

A Prayer:

Lord God Almighty, You reign! You reign! Thank You for taking my sins and clothing me in fine linen that is white as snow! You are faithful and just, thank You for cleansing me! I look forward with great anticipation to celebrating the wedding supper of the Lamb. Holy Spirit, lead me now into the righteous acts You have prepared in advance for me to do, so I am ready for that great and glorious day! In Jesus' Name I Pray, Amen

In Closing...

It is our prayer that this series of simple devotions has led you into a deeper relationship with God and that you have a fuller understanding of the high calling to which you have been called. If we can assist you in furthering your walk with God, please let us know.

We would be honored to pray with you. We would also be honored to rejoice in what God has done in your life over these past few days.

If you would like to share a testimony, please email us at SomebodyCares@SomebodyCares.org or call our office at 713-621-1498.

